



# Wise About Waste

Quarterly Newsletter | June - August 2025

Brought to you by Peninsula Sanitary Service, Inc.  
in partnership with Stanford's Office of Sustainability

## Easy Ways to Reduce Waste

Every Californian throws away about a VW Bug's weight in trash every year.\* Follow these tips to make your trash footprint smaller!

### MAKE LESS TRASH AT HOME

- Use bar soap and shampoo to cut packaging.
- Reuse gift wrap, bows, bags, and tissue.
- Use reusable cloth napkins and towels.
- Repair and repurpose clothing.
- Organize your fridge and meal prep to avoid wasting food.



*Make it a habit to use reusable shopping bags, napkins, utensils, travel mugs/cups, water bottles, and food wraps to avoid single-use disposable items.*

### REDUCE SINGLE-USE WHILE OUT AND ABOUT

- Shop the bulk section at the grocery store to cut packaging.
- Find a local refill store.
- Skip plastic produce bags.
- Carry a reusable water bottle with you (*and use it*).
- Bring your reusable travel mug to the coffee shop.
- Keep a reusable straw, utensil kit, and napkin in your bag.

### GO TRASH-FREE AT WORK

- Bring reusable utensils and food containers for meals.
- Print less and set printers to double-sided mode.
- Use refillable toner and pens.
- Keep extra office supplies, equipment, and furniture for future reuse.

\*Learn more about how to reduce food waste, repurpose clothing, repair household items, and more by visiting [irecyclesmart.com/reduce-waste](https://irecyclesmart.com/reduce-waste)

## Spring Clean-Up Donates Material to the Local Community

Your efforts resulted in over 820 pounds of donated material.



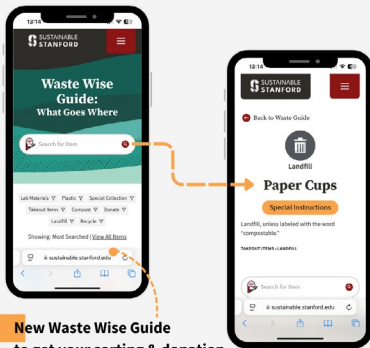
A big thank you to those who participated in the reuse program during the 2025 Spring Clean-Up. The enhanced clean-up program is a win-win for both people and the planet. It not only helps achieve Stanford's sustainability goals, but it also supports the local community by providing quality second-hand items at discounted prices.

Make the most of the PSSI Clean-Up program by setting aside reusable items in good, clean, and working condition and labeling them as "REUSE" or with the "Donate Me!" sign found on our website



[pssirecycling.com/services/bulky/](https://pssirecycling.com/services/bulky/)

## A New Sustainable Stanford site is Live!

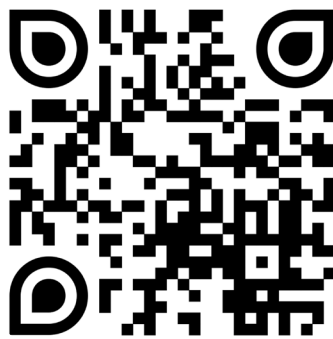
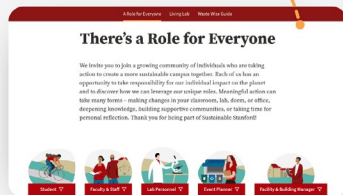


New Waste Wise Guide to get your sorting & donation questions answered.



Waste reduction stories, with tailored content recommended for you

New tools for you to join us on our sustainability journey



Scan the QR code or visit [Sustainable.Stanford.edu](https://Sustainable.Stanford.edu)

***Become part of the community of individuals who are taking action to create a more sustainable campus.***

## Too Much Junk Mail?

Every choice has an impact. An easy way to reduce waste is to stop unwanted mail.



- Remove your address from direct mail registries at [directmail.com/mail\\_preference](https://directmail.com/mail_preference)
- Stop unwanted catalogs at [CatalogChoice.org](https://CatalogChoice.org)
- Prevent automatic phonebook deliveries at [YellowPagesOptOut.com](https://YellowPagesOptOut.com)

### Online Portal Provides 24/7 Access

Request services, make secure payments, sign up for paperless billing, and more. All information is secure and confidential. Visit [pssirecycling.com](https://pssirecycling.com) and click on the red "Account Login" button to get started.

[Account Login](#)

### HOLIDAY SERVICE SCHEDULE

The collection schedule **does not change** during the weeks of July 4th or Memorial Day. Please ensure your carts are out for collection by 6am on your regular service day.

### Questions? Contact PSSI.

call - 650-321-4236 • email - [pssi@pssirecycling.com](mailto:pssi@pssirecycling.com) • website - [www.pssirecycling.com](https://www.pssirecycling.com)

